## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
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nours per response	e 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)									_				
1. Name and Address of Reporting Person* Hylbert Paul William Jr				2. Issuer Name and Ticker or Trading Symbol National Storage Affiliates Trust [NSA]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director					
(Last) (First) (Middle) C/O NATIONAL STORAGE AFFILIATES TRUST, 8400 EAST PRENTICE AVENUE, 9TH FLOOR			3. Date of Earliest Transaction (Month/Day/Year) 08/08/2019						Office	er (give title belo	ow)	Other (specify	pelow)		
(Street) GREENWOOD VILLAGE, CO 80111			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  X_Form filed by One Reporting Person  Form filed by More than One Reporting Person						
(City		(State)	(Zip)	7	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, any (Month/Day/Yea	(Instr. 8)		ction	ion 4. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5)						Ownership of Form:	7. Nature of Indirect Beneficial Ownership		
				(Notice Buy) Tea	Coc	de	V	Amoun	(A) or t (D)	Price		(IIISu. 3 and 4)		or Indirect (I) (Instr. 4)	(Instr. 4)
Common shares of beneficial interest, \$0.01 par value 08/08/2019				•		500 (1	) A	\$ 30.99	15,000 (2)			D			
Reminder:	Report on a s	separate line fo	r each class of secur	rities beneficially	owned di	irectl	ly or	indirectl	y						
							cont	ained i	n this fo	orm aı	re not requ		ormation spond unle trol numbe	ss	1474 (9-02)
				Derivative Securi [e.g., puts, calls, v											
Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/\)	3A. Deemed Execution Da any	4. te, if Transaction Code Year) (Instr. 8)	5.	er tive ties red	ove es d		7. An Un Sec	Title and nount of derlying curities str. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form of Derivat Security Direct ( or Indir	Beneficial Ownership (Instr. 4)	
				Code V	(A) (	(D)	Date Exer		Expiration Date	on Tit	Amount or Number of Shares	er			

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Hylbert Paul William Jr C/O NATIONAL STORAGE AFFILIATES TRUST 8400 EAST PRENTICE AVENUE, 9TH FLOOR GREENWOOD VILLAGE, CO 80111	X					

### Signatures

Paul W. Hylbert, Jr., by Jason Parsont, his Attorney-in-fact		08/30/2019
**Signature of Reporting Person		Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents common shares of beneficial interest, \$0.01 par value ("Common Shares") purchased in the open market through a self-directed IRA.
- (2) The Reporting Person's total direct beneficial ownership following the reported transactions in this class of securities is 15,000 Common Shares, which includes those Common Shares previously reported. The 15,000 Common Shares does not include derivative securities of the Reporting Person that have been previously reported.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.